

Where do I start?

Contact the Montana Food Bank Network at (406) 239-6475 or SNAP@mfbn.org. An Outreach worker can assist you with:

1. Determining whether you may qualify.
2. Filling out an application for SNAP benefits online or by phone.
3. Submitting verification of income & expenses.
4. Understanding the SNAP application process.

You do not need verifications to submit an application. Once you've applied, you may need to provide documentation of the following:

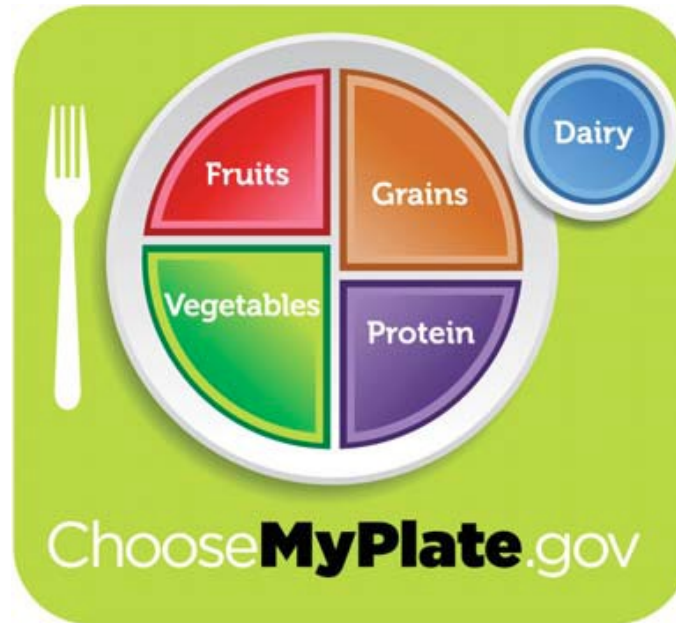
- Identification
- Proof of income
- Medical expenses for elderly & disabled household members
- Names, dates of birth, and social security numbers for all members of the household who intend to apply for benefits. (Parents who are ineligible due to citizenship status may still apply for their qualified children.)

Not sure if you want to apply?

Complete the easy pre-screening tool:

www.apply.mt.gov

Or contact the Montana Food Bank Network at (406) 239-6475



For more information,
please contact the
Montana Food Bank Network:

(406) 239-6475
SNAP@mfbn.org



USDA, HHS, & DPHHS are equal opportunity providers and employers.

Buying Good Food is a SNAP!



- * **Stretch food dollars**
- * **Support the local economy**
- * **Eat well and stay healthy**

We can help you apply for SNAP benefits!

Am I eligible?

Eligibility is based on:

- Household size
- Monthly income
- Living expenses

SNAP (The Supplemental Nutrition Assistance Program, formerly known as Food Stamps) is convenient and discreet! Benefits come on a card that looks and works like a debit card. Using the card to pay for food is fast and simple.



Households CAN use SNAP benefits to buy:

- Foods for the household to eat such as:
 - Breads and cereals
 - Fruits and vegetables
 - Meats, fish and poultry
 - Dairy products
- Seeds and plants which produce food for the household to eat



Family Size	Gross Monthly Income	Net Monthly Income
1	\$1962	\$981
2	\$2655	\$1328
3	\$3349	\$1675
4	\$4042	\$2021
5	\$4735	\$2368
6	\$5429	\$2715
Additional Members	\$693	\$347

**Certain households will need to meet a lower Gross Income Guideline.*

*Effective October 2015

If your income is lower than the Gross Monthly Income listed above, you may be eligible. When you apply, your caseworker will deduct a portion of your living expenses to see if you meet the Net Guidelines. Your Net Income for SNAP cannot be calculated until you submit an application.

Did you know?

MONTHLY BENEFIT:

The minimum monthly benefit is \$16, but most families and seniors receive much more than that. The average benefit in Montana is nearly \$120 per person per month.

ELIGIBILITY:

For most applicants, there is no longer a resource limit. Eligibility is based on your current income.

THE INTERVIEW:

An interview is required for enrollment in SNAP but you can likely do the interview over the phone or have an authorized representative do the interview for you.

SENIORS:

You can receive SNAP benefits and still get senior commodities and meals-on-wheels.

Save a trip to the Office of Public Assistance—call the Montana Food Bank Network and start your application now!!