

# THE AFFILIATE

Montana Food Bank Network Partner Agency News

August 2012

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updates and  
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visit us at:  
[insidemfbn.org](http://insidemfbn.org)

## 1 in 5 MT Children Struggle with Hunger

*New Data Available at the State and County Level*

Feeding America recently released a new report with updated data about the prevalence of food insecurity among children in the United States. Their Map the Meal Gap results provide child food insecurity rates for every state and country across the country, underscoring the importance of protecting SNAP and other nutrition assistance programs in the Farm Bill.

The report revealed both good and bad news for Montana. The good news is that the rate of food insecurity among children declined from 21.8% to 20.9%. Unfortunately this still means that 1 in 5 children in Montana struggle with hunger. Sanders County continues to have the highest rate in the state with 31.1% of children experiencing food insecurity, however this rate is down from 35.0% the previous year.

The seven counties experiencing the highest



levels of food insecurity among children are:

1. Sanders (31.1%), 2. Lincoln (30.1%), 3. Mineral (29.3%), 4. Big Horn (28.5%), 5. Blaine (28.2%), 6. Glacier (28.2%), 7. Lake (27.9%)

A number of counties had significant declines in their rates of child food insecurity including McCone, Wheatland, and Phillips Counties.

Additional information for all counties in Montana is available through the Feeding America Map the Meal Gap website.

## Featured Product:



This month we are happy to announce Peanut Butter (Item#6241) as our featured product. Check out our recipe for Spicy Thai Peanut Noodles on the back of The Affiliate. In addition to peanut butter, we have a few other exciting items on the Free Food Shopping List: Cream of Mushroom Soup (Item#6239), Cream of Chicken Soup (Item#6240).

Also, please be aware that we have few items on this list that require a forklift for delivery. These items will be marked with, \*Forklift Req'd. Please do not order these items unless you have forklift and loading dock capabilities.

## Client Hunger Survey 2012 *Thank You Participating Agencies*

The 2012 Client Hunger Survey came to a close in Kalispell on July 24. Every two years the Montana Food Bank Network conducts a survey of food pantry clients at agencies across the state. This survey allows us to gain a better understanding of both the contributing factors and the consequences of hunger in Montana. Survey participants share information on a variety of subjects including their employment situation, sources of income, participation in public food programs, prevalence of skipped meals, access to health care, and frequency of food pantry visits. The resulting *Hungry in Montana* report is an enormously valuable tool for both education and advocacy.

This year we surveyed clients at the **Wolf Point Thrift Store and Food Bank, Plains Community Food Bank, Helena Food Share, Meagher County Food Bank, Musselshell County Food Bank, Central Montana Community Cupboard, Ronan Bread Basket, Mission Valley Food Pantry, and the Flathead Food Bank.** We would like to thank these Partner Agencies for hosting us. We were able to complete a total of 206 surveys! Look for the *Hungry in Montana* report, to be completed by early 2013.



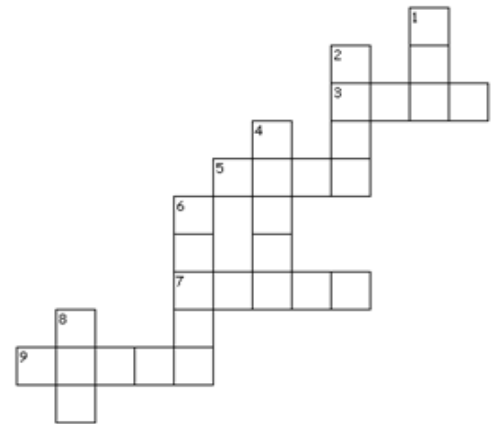
### Volunteer Spotlight on Missoula Developmental Service Corporation



Tuesday and Thursday mornings, you will hear cheerful voices coming from the Montana Food Bank Network's repackaging room. Twice a week, a handful of volunteers

from the Missoula Developmental Service Corporation (MDSC) work to repackage orders of bulk food into smaller, family sized portions. The group shows an endless amount of enthusiasm for their work and they are always excited to show how much they have accomplished. According to Laurie, one of five Direct Service Provider professionals who accompany the volunteers, the men appreciate a chance to get out into the community and do "productive work." The Montana Food Bank Network wants to acknowledge and thank Justin, Clay, Travis, Ryan, Dan, Justin B. and Chris, as well as their support staff, for all of their hard work!

### Assistance Program Acronyms Puzzler



#### Across

- Provides monthly food benefits through the Montana Access debit card.
- Provides free meals to children 18 and under during the summer.
- Commodity food distribution program for low-income households on Indian Reservations.
- Provides energy assistance to low-income households.

#### Down

- The offices where one can apply for 3-Across.
- Provides monthly healthy food boxes to low-income seniors.
- Nutrition education provided by MSU's Extension Office.
- Provides emergency food through food banks and local agencies.
- A nutrition education program providing nutrition services and food vouchers to eligible women, infants, and children.

## AUGUST, SEPTEMBER DELIVERY

All delivery times will be published online and in the Affiliate concurrently to scheduled delivery dates. If for any reason your scheduled delivery time changes from what has been published, MFBN staff will notify you immediately.



<u>Date</u>	<u>Time</u>	<u>City-Partner Agency</u>
14-Aug	9:00-9:30	Stevensville—Pantry Partners
14-Aug	9:45-10:00	Victor—House of Praise
14-Aug	10:15-10:45	Hamilton—Bitterroot Valley Calvary Chapel
14-Aug	10:45-11:30	Hamilton—Haven House, WMMHC Eddy Meuchel Group Home, WMMHC ADT New Beginnings
14-Aug	11:30-11:45	Hamilton—South Valley Child and Family Center
14-Aug	12:00-12:30	Darby—Darby Bread Box
16-Aug	10:00-10:45	Bozeman—Gallatin Valley Food Bank, Headwaters Area Food Bank, West Yellowstone Food Bank, Gardiner Food Pantry, Big Sky Youth Center
16-Aug	12:45-1:15	Helena—Helena Food Share, Helena Pre-Release, Montana Youth Homes, Elkhorn Treatment Facility, Transitional Living Facility, Salvation Army, Lewis and Clark Group Home, Alternative Youth Adventures
21-Aug	8:30-9:00	Dillon—Beaverhead Community Food Pantry,
21-Aug	10:30-11:00	Butte—Butte Emergency Food Bank
21-Aug	11:00-11:15	Butte—Butte Rescue Mission
21-Aug	12:00-12:30	Anaconda—Project Care, Discovery House
21-Aug	1:15-1:45	Maxville—Granite County Food Bank
23-Aug	9:00-9:30	Thompson Falls—Community Harvest Food Bank, Thompson Falls Seniors, Thompson Falls AOG Church
23-Aug	10:00-10:30	Trout Creek—Open Gate Ranch Youth Group, Trout Creek Seniors
23-Aug	10:45-11:15	Noxon—Community Services Fellowship, Noxon Seniors, Heron Seniors,
23-Aug	12:00-12:30	Troy—Troy Food Pantry, YAAK Food Cupboard
23-Aug	12:30-1:00	Troy—Troy Community Baptist Church Food Pantry
23-Aug	1:15-2:00	Libby— Libby Food Pantry, Libby Christian Church, Kootenai Valley Head Start, Libby Seniors
28-Aug	10:15-10:30	Livingston—Livingston Food Pantry
28-Aug	12:00-12:30	White Sulphur Springs—Meagher Country Nutrition Coalition
28-Aug	3:00-3:30	Lewistown—Central Montana Community Cupboard, FCCOA, B/G of Lewistown
28-Aug	5:00-5:30	Roundup—Musselshell County Food Bank
28-Aug	5:30-6:00	Roundup—Youth Christian Home
29-Aug	7:15-7:30	Hardin—Set Free Ministries
29-Aug	7:30-7:45	Hardin—Helping Hands
29-Aug	8:15-8:45	Garryowen—Center Pole Foundation
29-Aug	10:00-10:45	Billings—Family Services INC., Alternatives/Passages, Montana Rescue Mission
29-Aug	11:15-11:45	Laurel—Community Hope
29-Aug	12:15-12:30	Joliet—Joliet Food Pantry, Boys and Girls Club of Carbon County
29-Aug	1:00-1:30	Columbus—Project Hope
29-Aug	2:15-2:30	Big Timber—Big Timber Community Food Bank
31-Aug	8:00-8:15	Alberton—Alberton Seniors
31-Aug	8:15-8:30	Alberton—Alberton Community Food Pantry
31-Aug	9:00-9:30	Superior—Community Food Bank of Mineral County
31-Aug	10:30-11:15	Plains—Plains Community Food Bank, Shekinah Kitchen, Plains-Paradise Seniors
31-Aug	11:45-12:15	Hot Springs—Hot Springs Food Pantry, Camas Hot Springs Senior Center
31-Aug	1:00-1:15	Dixon—Dixon Senior Citizens Center
5-Sep	8:00-8:15	St. Ignatius—St. Ignatius Seniors
5-Sep	8:15-8:30	St. Ignatius—Mission Valley Food Pantry
5-Sep	9:00-9:30	Ronan—Ronan Bread Basket, Mission Valley Seniors
5-Sep	11:30-12:00	Columbia Falls—Columbia Falls Food Bank
5-Sep	12:15-12:45	Whitefish—North Valley Food Bank, Whitefish Four Square Church
5-Sep	1:45-2:15	Eureka—Tobacco Valley Food Pantry, Eureka Four Square Church, Tobacco Valley Seniors

## DELIVERY SCHEDULE CONTINUED

Date	Time	City-Partner Agency
7-Sep	8:00-8:15	Polson—Polson Seniors
7-Sep	8:30-8:45	Polson—Polson Loaves and Fish Food Pantry
7-Sep	9:30-10:00	Lakeside—Westshore Food Bank
7-Sep	10:30-11:15	Kalispell—Flathead Food Bank, Lighthouse Christian Home, Samaritan House
7-Sep	11:30-11:45	Kalispell—North West Montana Veterans Stand Down
7-Sep	12:00-12:30	Bigfork—Bigfork Food Pantry
7-Sep	11:30-12:00	Seeley Lake—Seeley-Swan Food Bank
11-Sep	8:30-9:15	Great Falls—Great Falls Food Bank, Salvation Army, St. Vincent DePaul, FISH
11-Sep	10:15-10:30	Choteau—Teton County Food Pantry, Pondera Food Pantry
11-Sep	12:00-12:15	Browning—Blackfeet Food Bank
18-Sep	12:00-12:15	Lame Deer—Boys and Girls of the Northern Cheyenne Nation
18-Sep	12:45-1:15	Ashland—St. Labre Food Pantry
18-Sep	3:30-3:45	Miles City—Custer County Food Bank
19-Sep	8:30-9:00	Wibaux—Wibaux Food Bank
19-Sep	9:30-10:00	Glendive—Dawson County Food Bank, Boys & Girls Club of Dawson County
19-Sep	11:00-11:30	Sidney—Fellowship Food Pantry
19-Sep	12:15-12:45	Culbertson—Culbertson Food Bank
19-Sep	1:30-1:45	Wolf Point—Wolf Point Thrift Store & Food Bank, Wolf Point Seniors
19-Sep	3:15-3:30	Wolf Point—Basket of Hope
19-Sep	4:30-5:00	Glasgow—Valley County Council on Aging
19-Sep	5:00-5:30	Glasgow—Valley Community Food Bank
19-Sep	7:00-7:30	Malta—Malta Food Bank, Malta Opportunities, INC
20-Sep	8:00-8:15	Harlem—Harlem Food Pantry, Harlem Area Senior Citizens Center
20-Sep	8:45-9:15	Chinook—Chinook Food Pantry
20-Sep	9:45-10:30	Havre—Havre Food Bank, Feed My Sheep, Boys and Girls of the Hi-Line
??-Sep	TBD	Missoula—Missoula Agencies begin scheduled pick ups



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A member of

**ORDERS DUE:** **MONTHLY ACTIVITY**  
**August 10** **REPORTS DUE:**  
**August 15**

## Events and Reminders

### *NBC Montana and Sleep City Drive*

NBC Montana and Sleep City will host the “Don’t Let Montanans Go to Sleep Hungry” food drive in Bozeman, MT on August 15 from 5:30am to 12pm. Check and cash donations will go to the Montana Food Bank Network and all food donations will go to the Gallatin Valley Food Bank. Spread the word to friends and family in the Gallatin Valley!

### *WIN A CHEST FREEZER!*

MFBN will be raffling a free chest freezer (23 cubic feet) to Partner Agencies. Partner Agencies must have all Monthly Activity Reports for 2012 submitted AND have July 2012’s report submitted by August 10. Please contact Diane Matthews at 721-3825, ext. 222 if you are unsure if you are missing reports.

## Big Sky BBQ, a Success!

The Montana Food Bank Network would like to thank everyone who came to the Big Sky Brewery for the Big Sky BBQ on June 30th! We were able to raise nearly \$10,000 after expenses to help feed hungry children, seniors and families across the state! We greatly appreciate the support from those who braved the heat and joined us on such a fun-filled afternoon. Special thanks to all our sponsors for making it possible, the vendors for providing such yummy BBQ and the bands for the excellent music. We'll see you next year!



## Welcome New Staff to MFBN



### *Leah Ettman, AmeriCorps VISTA*

Leah has recently joined the MFBN team as the new AmeriCorps VISTA. She is originally from New Jersey and just moved to Montana for her year of service. In May, Leah graduated from Northeastern University in Boston with a BS in Health Science. In her spare time, she enjoys spending her time outdoors, traveling to new places, and listening to music. She is excited to explore Montana and begin her work with MFBN!

### *Brad Argo, Inventory and Warehouse Supervisor*

We would like to extend a warm welcome to our new Inventory Control and Warehouse Supervisor, Brad Argo. Brad comes to the Montana Food Bank Network with 9 years of experience working at Nutritional Laboratories doing similar warehouse and inventory work. In his free time Brad enjoys hanging out with his boys, ages 10 and 13. They camp, fish, hike, and ride bikes. Brad said, they "like to take advantage of where we live." Brad is very excited to be at the Montana Food Bank Network where he says he has landed his "dream job." We're just as happy to have him.





FEEDING  
AMERICA

The Montana  
Food Bank Network  
5625 Expressway  
Missoula, MT 59808

Phone: 406-721-3825

800-809-4752

Fax: 406-542-3770  
agencyinfo@mfbn.org

## MISSION:

To end hunger in Montana through food acquisition, distribution, education, and advocacy.

## VISION:

A Montana free from hunger where everyone has equal access to nutritious food.

## CORE VALUES:

Justice  
Respect  
Integrity  
Trust  
Excellence  
Diversity



## Spicy Thai Peanut Noodles

(using Peanut Butter, item #6241 off Free Food shopping list)

### Ingredients

12 ounces linguine  
4 tablespoons sesame oil  
Sauce 1/2 cup green onion chopped  
1 cup finely shredded carrot  
2 cups frozen stir fry vegetables  
3 tablespoons minced fresh garlic  
1/2 tablespoon ground ginger  
1/4 cup honey  
1/4 cup creamy peanut butter  
1/4 cup soy sauce  
3 tablespoons rice vinegar  
1/2 tablespoon chili-garlic sauce



### Instructions

- Cook pasta in a large pot of salted water according to package directions. Drain and return to pot. Add 2 TBSP sesame oil and toss to coat. Set aside.
- Heat remaining 2 TBSP sesame oil in heavy pot over medium-high heat. Add green onions, carrots, stir-fry veggies, garlic and ginger. Saute until vegetables soften, about 4 minutes.
- Add honey, peanut butter, soy sauce, vinegar and chili-garlic sauce and mix well. Simmer sauce 2 minutes. Pour sauce over pasta and toss well.
- Transfer to platter and serve warm. Garnish with additional green onions, if desired.

**Nutrition Info:** *Servings per Recipe: 8. Calories: 318.4, Total Fat: 11.6g, Saturated Fat: 1.9g, Cholesterol: 0, Sodium: 555.4mg, Total Carbohydrate: 46g, Dietary Fiber: 2.6g, Sugars: 11.6g, Protein: 9g.*

"If you want to touch the past, touch a rock. If you want to touch the present, touch a flower. If you want to touch the future, touch a life."

~Author Unknown

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For the latest information and updates on new products, special offers, delivery schedules, shopping lists, Pioneer Food Buying Service, grants, media featuring issues in food banking today and current outreach programs, log on to our website [www.insidemfbn.org](http://www.insidemfbn.org). You can even submit your monthly activity report and grocery rescue numbers online!

## MFBN Staff

Interim Chief Executive Officer	Kate Devino	x231
Chief Development Officer	Kathryn McCleerey	x244
Development Coordinator	Ben Darrow	x226
Development Coordinator	Kattie Kingsley	x228
Chief Finance Officer	Clark Tower	x223
Accountant	Morgan Brennan	x224
Chief Policy Officer	Kate Devino	x231
Public Policy Manager	Lorianne Burhop	x230
Public Policy VISTA	Leah Ettman	x227
Chief Operations Officer	Brent Weisgram	x233
Transportation Manager	Rob Shipley	x240
Inventory/Warehouse Supervisor	Brad Argo	x251
Agency Relations Manager	Jeff Gutierrez	x232
Agency Relations & Volunteer Coordinator	Katie Lane	x252
Agency Relations Assistant	Diane Matthews	x222
Warehouse	Chuck James	x234