

Buying Good Food is a SNAP!

What is SNAP?

SNAP is the Supplemental Nutrition Assistance Program, designed to help Montanans afford healthy food.
(Formerly the Food Stamp Program)

NEW! Online application and pre-screening tool:

www.apply.mt.gov



How can I participate?

SNAP is available to people living on a low or fixed income including single people, families, students, seniors, and people with disabilities.

For many applicants, gross income limits have increased and there is **no longer a resource limit!**

Applying is easy!

Apply in person, online, or by mail or fax -

- Apply at any Office of Public Assistance or call to request an application by mail
- Apply online at www.apply.mt.gov
- Mail or fax in your application to the Office of Public Assistance
- You may be able to do your interview by phone
- Have another adult apply on your behalf

SNAP Income Guidelines

(Effective Oct. 1, 2013)

1. If you meet the **Gross Guideline** turn in an application to see if you also meet the Net Guideline.
2. When you apply, a case worker will deduct a portion of your living expenses from your income to see if you meet the Net Guideline. **Your Net Income for SNAP cannot be calculated until you submit an application.**

Household Size	Gross Monthly Income*	Net Monthly Income
1	\$1,916	\$958
2	\$2,586	\$1,293
3	\$3,256	\$1,628
Add'l Members	+ 670	+ \$335

*Households with a previously disqualified member will need to meet a lower Gross Guideline. Call for details.



USDA, HHS, & DPHHS are equal opportunity providers and employers.



To apply, visit or contact any Office of Public Assistance. To find your nearest office or to learn more about SNAP, contact the Montana Food Bank Network at (406) 721-3825 or snap@mfbn.org.



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